

Curriculum Vision - *PSHE*

What is the purpose of the curriculum?

- To equip young people with the knowledge, skills, and values they need to stay healthy, safe, and prepared for life and work in modern society

Why is *subject* an important subject?

- PSHE bridges the gaps between academic learning and essential life skills.
- It allows students to ask questions and discuss topics in a safe, structured and well-informed environment.



Types of Knowledge - *PSHE*

Declarative – Knowing that

Declarative knowledge is the foundational information, facts, laws, and vocabulary that students must acquire.

For example,

Legal Frameworks: Understanding the legal definition of consent, the Equality Act 2010, and laws surrounding drugs, alcohol, and carrying weapons.

Health Facts: Knowing the physical impacts of vaping, the nutritional requirements for a balanced diet, and the signs of common mental health issues like anxiety or depression.

Procedural – Knowing how

Procedural knowledge is the application of facts through critical thinking, emotional intelligence, and behavioural habits.

For example,

Communication Skills: Practising how to explicitly give or withdraw consent, challenge peer pressure, and express boundaries clearly.

Resource Navigation: Knowing exactly how to book a sexual health appointment, report online cyberbullying, or access local mental health services like Childline.

Curriculum Themes Overview - *PSHE*



Relationships - How we connect with others and ourselves. Moving from foundational understandings of family and friendships to complex topics like romantic boundaries, consent, and digital relationships.



Health and well being -Equips students with the knowledge and skills to make informed, healthy choices. It takes a holistic approach, focusing equally on mental and emotional wellness, physical health, and personal safety to support lifelong development



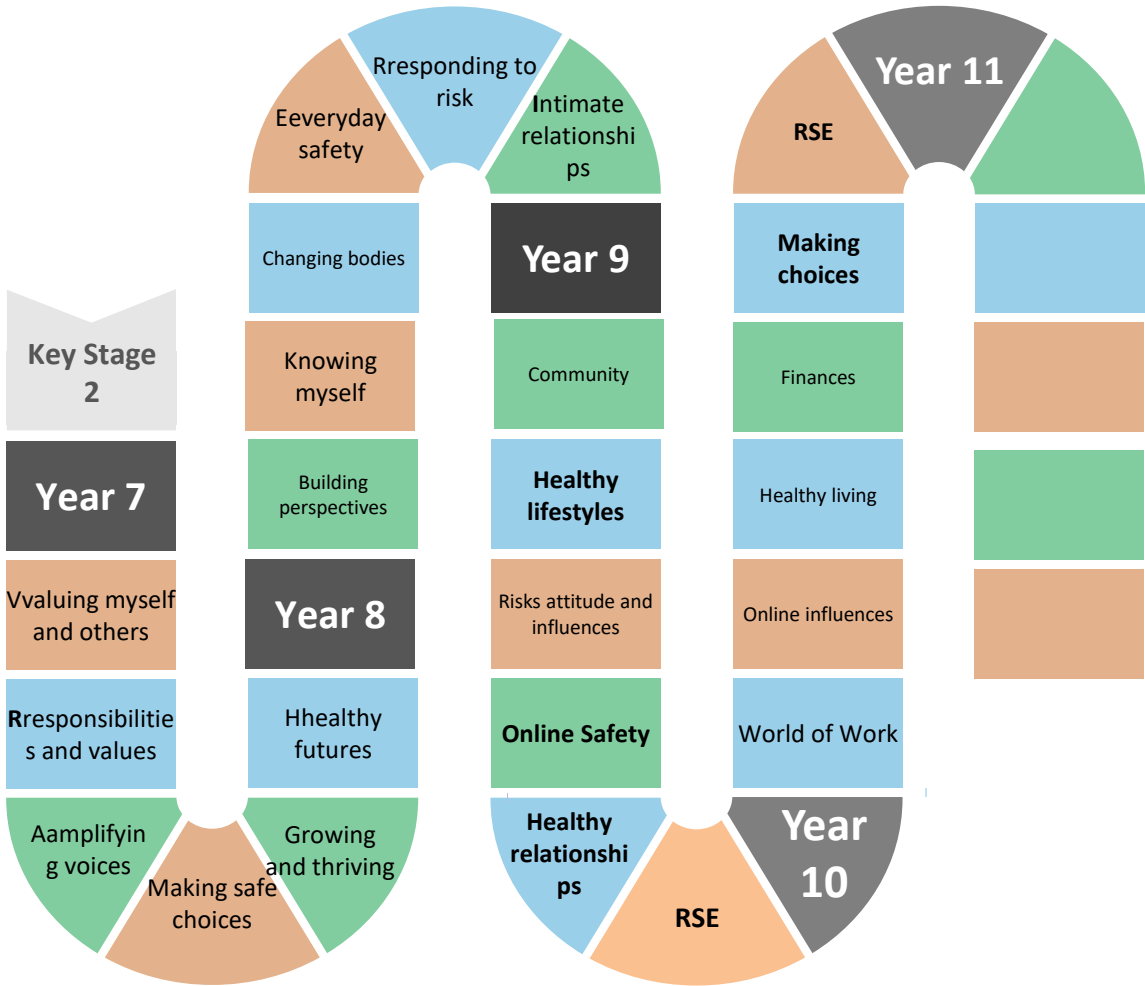
Living in the wider world - Teaches pupils how to function safely, responsibly, and successfully in society. It covers critical life skills including economic wellbeing, career aspirations, digital literacy, and global citizenship



Careers - integrates statutory guidance to prepare students for the world of work, develop employability skills, and understand future career options



PSHE Curriculum Five Year Journey



Curriculum Themes Map – Subject

Theme/Big Idea/...	Description	Year 7	Year 8	Year 9	Year 10	Year 11
<i>Relationships</i>	How we connect with others and ourselves. Moving from foundational understandings of family and friendships to complex topics like romantic boundaries, consent, and digital relationships.	Term 1 Lesson 4-6 Term 2 Lesson 1-5 Term 4 Lesson 3 and 5 Term 5 Lesson 1	Term 1 Lessons 5 and 6 Term 2 lessons 1,2, 4 , 5 and 6 Term 5 lesson 1 Term 6 lessons 1 - 3	Term 4 lesson 5 Term 5 Lesson 1-6 Term 6 lesson 2-6	Term 1 lesson 2-4 Term 5 lesson 3 -4 Term 6 lesson 2-8	
<i>Health and wellbeing</i>	Equips students with the knowledge and skills to make informed, healthy choices. It takes a holistic approach, focusing equally on mental and emotional wellness, physical health, and personal safety to support lifelong development	Term 2 Lesson 6 Term 3 Lesson1 Term 5 Lessons 2,3 and 5 Term 6 Lessons 1-4	Term 3 Term 5 lesson 3 and 5 Term 6 lesson 2 and 7	Term 2 lesson 1 – 3 Term 3 Lesson 1 – 4, 6, Term 4 lesson 1- 4	Term 3 lesson 1-4, 6 Term 5 lesson 1-2 Term 5 lesson 5	
<i>Living in the wider world</i>	Teaches pupils how to function safely, responsibly, and successfully in society. It covers critical life skills including economic wellbeing, career aspirations, digital literacy, and global citizenship	Term 3 Lessons 2 -5 Term 4 lessons 1 and 4 Term 5 Lesson 4 Term 6 Lessons 5-7	Term 1 lesson 4 Term 2 Lesson 3 Term 4 Term 5 lesson2 2 and 4	Term 1 Lesson 1 – 3 Term 2 lesson 5, 7 Term 6 lesson 1	Term 1 lesson 1-2 Term 2 lesson 1-2, 5, Term 4 lesson 1-4 Term 4 lesson 5 Term 6 lesson 1	
<i>Careers</i>		Term 1 Lessons 1-3 Parent career talk Term 6	Term 1 Lesson 1- 4 Term 6 lesson 4-6	Term 1 lesson 2	Term 1 lesson 1-2 Term 4 lesson 3-4	

